



Gluten



Dairy



Egg



Shellfish



Fish

Boarding Weekly Menu

Monday 3/11

Morning tea

Gourmet Sausage Roll  

Lunch

Penne Bolognese with Carrots, Peas and Parmesan Cheese  

Afternoon tea

Mini Scones with Cream  

Dinner

Chicken Curry with Basmati Rice and Asian Greens
(Cut Fresh Fruit, Greek Yogurt)

Tuesday 4/11

Morning tea

Breakfast Nachos with Scrambled Egg, Bacon & Corn Salsa   

Lunch

Basa Fillet with Potato, Asparagus, Sugar Snaps, Tartare Sauce   

Afternoon tea

Vegetable Sticks with Dip

Dinner

Bangers and Mash  
(Apple Crumble with Vanilla Custard)  

Wednesday 5/11

Morning tea

Bruschetta with Feta Cheese and Olives  

Lunch

Pasta with Ham & Mushroom Cream, Spinach, Basil and Parmesan   

Afternoon tea

Up & Go Protein Drink  

Dinner

Lamb Roast with Potato Bake, Green Beans, Mint Sauce 
(Cheese Board with Crackers)  

Thursday 6/11

Morning tea

English Muffin with Egg, Bacon and Cheese   

Lunch

Chicken Poke Bowl with Brown Rice, Slaw, Edamame, Avocado, Soy Dressing

Afternoon tea

Sushi

Dinner

Minute Steak with Texas BBQ Sauce, Roast Potato and Brussel Sprouts
(Cut Fresh Fruit, Greek Yogurt) 

Friday 7/11

Morning tea

Cheese and Bacon Scroll   

Lunch

Beef Burger, Steamed Seasonal Vegetables 

Afternoon tea

Banana Bread  

Dinner

Chicken Satay, Jasmine Rice, Snake Beans, Fried Shallot, Coconut Sauce
(Cheese Board with Crackers)  

Saturday 8/11

Lunch

Chef's selection of sandwiches, wraps, toasties and salad   

Dinner

Crust Pizza

Sunday 9/11

Lunch

Chef's selection of sandwiches, wraps, toasties and salad   

Dinner

Family favourite: Beef Lasagne with Steamed Spinach and Peas   