

Term 4, Week 3, 2025.



Gluten



Dairy



Egg



Shellfish



Fish

Boarding Weekly Menu

Monday 27/10

Morning tea	Toasted Crumpet with Mascarpone and Honey  
Lunch	Ricotta & Spinach Canneloni with Steamed Broccoli   
Afternoon tea	Protein Balls and Bars   
Dinner	Massaman Beef Curry with Jasmine Rice (Cut Fresh Fruit, Greek Yoghurt)

Tuesday 28/10

Morning tea	Bacon and Egg Roll   
Lunch	Mini Chicken Pie with Mashed Potato and Green Peas  
Afternoon tea	Vegetable Sticks and Dips
Dinner	Honey Soy Chicken with Jasmin Rice, Bok Choy and Baby Corn (Pavlova)  

Wednesday 29/10

Morning tea	Ham and Cheese Croissant  
Lunch	Grilled Meatballs with Pasta, Broccoli, Fresh Tomato Sauce 
Afternoon tea	Chobani Yoghurt Selection 
Dinner	Chicken Schnitzel with Spinach, Snowpeas, Baked Potato, Duntrim Sage Gravy (Cheese Board with Crackers)    

Thursday 30/10

Morning tea	Bao Buns 
Lunch	Pulled Pork Roll with Coleslaw and Apple Caramel 
Afternoon tea	Rice Paper Rolls
Dinner	Scotch Fillet Steak with Roast Sweet Potato, Beans, Corn (Cut fresh fruit, Greek Yoghurt)

Friday 31/10

Morning tea	Salami, Cheese and Tomato Pita Pizza   
Lunch	Vietnamese Pho with Beef, Rice Noodles, Lime, Asian Vegetables
Afternoon tea	Mini Beef Pie    
Dinner	Chicken Laksa with Bean Sprouts, Rice Noodles, Vietnamese Mint (Cheese Board with Crackers)   

Saturday 1/11

Lunch	Chef's selection of sandwiches, wraps, toasties and salad   
Dinner	DIY Supreme Pizza

Sunday 2/11

Lunch	Chef's selection of sandwiches, wraps, toasties and salad   
Dinner	Family favourite: Nachos with Mexican Beef, Tomato Corn Salsa, Guacamole, Sour Cream  