



## Monday 20/10

Morning tea	Homemade Hash Brown with Tomato Sauce	
Lunch	Japanese Salmon with Sushi Rice, Soy Beans, Udon Noodles and Bok Choy	
Afternoon tea	Mini Scones with Whipped Cream	
Dinner	One-Pot Chicken Cacciatore with Vegetables, Olives and Cous Cous (Cut Fresh Fruit, Greek Yogurt)	

## Tuesday 21/10

Morning tea	Cheesymite Scroll	
Lunch	Sang Choy Bao	
Afternoon tea	Vegetable Sticks and Dip	
Dinner	Cottage Pie with Beans and Sweetcorn (Sticky Date Pudding with Caramel Sauce)	

## Wednesday 22/10

Morning tea	Toasted Focaccia with Avocado	
Lunch	Honey Garlic Chicken with Rice and Asian Vegetables	
Afternoon tea	Onigiri Sushi	
Dinner	Steak with Potato Bake, Steamed Green Beans and Herb Gravy (Cheese Board with Crackers)	

## Thursday 23/10

Morning tea	Quiche Lorraine	
Lunch	Beef Ravioli with Bolognese Sauce, Broccolini	
Afternoon tea	Savoury Biscuits with Dip	
Dinner	Tandoori Lamb with Basmati Rice, Steamed Snowpeas, Poppadoms (Cut Fresh Fruit, Greek Yogurt)	

## Friday 24/10

Morning tea	Toasted Bagel with Cream Cheese	
Lunch	Grilled Chicken Caesar Salad	
Afternoon tea	Anzac Biscuit	
Dinner	Macaroni & Cheese (Cheese Board with Crackers)	

## Saturday 25/10

Lunch	Chef's selection of sandwiches, wraps, toasties and salad	
Dinner	Chargrill Charlies	

## Sunday 26/10

Lunch	Chef's selection of sandwiches, wraps, toasties and salad	
Dinner	Family favourite: Beef Tortellini with Napoli Sauce, Peas and Parmesan	